

# SUGGESTED FURTHER READING

## **Battlefield of the Mind**

By Joyce Meyer, 1995, Warner Faith

*Meyer speaks frankly about the role of our minds as gatekeeper, and identifies areas where we accept falsehood, rather than the truth of scripture. This book offers insight and practical advice to those who struggle with unhealthy or destructive thought patterns.*

## **The Bondage Breaker**

By Neil T. Anderson, 2000, Harvest House Publishers

*This book, and the curriculum and seminars which have come from it, has probably been the most influential resource on inner healing across the evangelical church. Anderson's focus on scripture-based prayer brought inner healing into the mainstream in the U.S. and England. He is known for his "Twelve Steps to Freedom in Christ."*

## **Celebration of Discipline**

By Richard C. Foster, 1988 and newer, Harper San Francisco

*A long-respected book detailing various spiritual disciplines that support long-term spiritual health and the "walking out" of our faith.*

## **Fasting**

By Pastor Jentezen Franklin, 2008, Charisma House

*Franklin discusses the connection to prayer and fasting, and describes various types of fast and how to choose. He also covers what to expect physically, mentally and spiritually.*

## **Healing for Damaged Emotions**

By David Seamands, 1981, 2002, 2004, Life Journey

*A required reading for Agape Prayer Ministry School participants. This book covers a variety of topics that affect Christians: low self-esteem, guilt, perfectionism and so on, but also offers hope for healing through the truths of scripture.*

## **The Healing Touch**

By Norma Dearing, 2002, Chosen Books

*Begins and concludes with foundational principles and tools for living in right relationship with God. Norma speaks from years of experience in counseling/prayer ministry, and offers highly practical tools on how to bring God's healing into your own life and the lives of others. She offers a number of sample prayers and examples that clearly illustrate the points of the book, mainly the two things that block our relationship with God: sin and a distorted image of who God is.*

## **How to Stop the Pain**

By Dr. James B. Richards, 2001, Whitaker House

*Richards explains that "Pain is inevitable; suffering is optional," explaining how to break the link to the pain of the past.*

## **Idols of the Heart/Learning to Long for God Alone**

By Elyse Fitzpatrick, 2001, P&R Publishing

*This book helps readers identify areas of their lives where they are not fully surrendered to Christ. Beginning with the tangible idols that Rachel stole in Genesis, the author identifies many other idols that affect modern Christians. The book reviews the key areas of our hearts: the mind, the affections and the*

*will. Her basic premise is that at the root of every habitual sin is idolatry—a belief that something is more powerful than God.*

### **An Invitation to Healing**

By Lynda Elliot, 2001, Chosen Books

*This book focuses on both emotional and physical healing, and discusses ways that we block God's plan for healing. Includes a good discussion of false guilt and false shame, and focuses on the importance of scripture in healing. Includes many useful examples.*

### **Spirit Controlled Temperament**

By Tim LaHaye, 1994, Tyndale House Publishers

*Discover your temperament type and how to allow the Holy Spirit to take control instead of your temperament taking control.*

### **When Your Past Is Hurting Your Present/Getting Beyond Fears That Hold You Back**

By Sue Augustine, 2005, Harvest House Publishers

*Geared towards women, this book covers three areas: relinquishing your past, renewing your present and rebuilding your future. Through personal stories and relatable examples, Sue offers practical ways to improve your relationship with God and make changes in your life that will allow you to become the woman He created you to be. The first section focuses on forgiveness and other Agape principles, and the second and third sections provide sound advice and next steps for establishing healthy habits and expectations.*

### **A Woman's Guide to Breaking Bondages**

By Quin Sherrer & Ruthanne Garlock, 1994, Servant Publications (Availability Limited)

*A powerful book on how women can take spiritual authority over difficulties in their lives (shame, fear, rejection, etc.), emphasizing the need for forgiveness. Contains valuable, realistic examples and touches on many Agape principles. Offers suggestions on how to prevent and break bondages. It is important to keep in mind that this book hones in on one of the four doors from the Agape teaching.*